Rat IL-1β ELISA Kit

Instructions for use

Catalogue numbers: 1x96 tests: 670.040.096

For research use only

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Rat IL-1β ELISA Kit

1. Intended use

The rat IL-1β ELISA is an enzyme-linked immunosorbent assay for quantitative detection of rat IL-1β in cell culture supernatants, rat serum, plasma or other body fluids.

This kit has been configured for research use only.

2. Introduction

2.1. Summary

Interleukin-1 (IL-1), originally described in 1972 as lymphocyte activating factor (LAF) for its effects on thymocytes (1), is a polypeptide cytokine with two molecular forms. Both forms appear to mediate identical ranges of biological activity which include synthesis of the acute phase proteins by hepatocytes, chemotaxis of polymorphonucleocytes, and release of polymorphonucleocytes from blood and bone marrow (2). These effects coined the acronym leukocyte endogenous mediator (LEM). Early researchers also called IL-1β endogenous pyrogen, and it has been shown to induce fever (3) and is thought to contribute to wasting of muscles (PIF, proteolysis inducing factor) (4). Other activities associated with IL-1 are the induction of Prostaglandin E_2 by synovial cells and release of collagenase with resulting destruction of cartilage and bone resorption (catabolin, osteoclast activation factor) (5). In addition, IL-1, has multiple immunological functions including enhancement of IL-2 production by T cells and activation of B-cells (BAF) and thymocytes (6-8). A true pleiotrope, IL-1 may have tumoricidal activity via its release of IL-2 and interferon gamma and be indirectly antiviral by stimulating fibroblasts to release interferon beta (9, 10). In its role as mediator of sepsis, IL-1 has most recently been described as enhancing the growth of virulent E.coli (11).

2.2. Principle of the method

An anti-rat IL-1β polyclonal coating antibody is adsorbed onto microwells.

Rat IL-1β present in the sample or standard binds to antibodies adsorbed to the microwells; a biotin conjugated polyclonal anti-rat IL-1β antibody is added and binds to rat IL-1β captured by the first antibody.

Following incubation unbound biotin conjugated anti-rat IL-1β is removed during a wash step. Streptavidin-HRP is added and binds to the biotin conjugated anti-rat IL-1β. Following incubation unbound Streptavidin-HRP is removed during a wash step, and substrate solution reactive with HRP is added to the wells.

A coloured product is formed in proportion to the amount of rat IL-1β present in the sample. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from seven rat IL-1β standard dilutions and rat IL-1β sample concentration determined.

3. Reagents provided and reconstitution

REAGENTS (Store at 2-8°C)	Quantity 1x96 well kit 670.040.096	RECONSTITUTION
96-wells precoated microtiter plate	1	Ready-to-use
Plate covers	2	-
Biotin-Conjugate anti-rat IL-1β polyclonal antibody	1 vial	Dilute 100 times in Assay Buffer (70µl)
Streptavidin-HRP	1 vial	Dilute 200 times in Assay Buffer (150µl)
Rat IL-1β Standard 4000 pg/ml	2 vials	See label on the vial
Assay Buffer Concentrate	1 vial	(5 ml) 20X concentrate. Dilute in distilled water
Wash Buffer Concentrate	1 vial	(50 ml) 20X concentrate. Dilute in distilled water
Sample Diluent	1 vial	(12 ml) Ready-to-use
Substrate Solution (TMB)	1 vial	(15 ml) Ready-to-use
Stop Solution (1M Phosphoric acid)	1 vial	(15 ml) Ready-to-use

4. Materials required but not provided

- Microtiter plate reader fitted with appropriate filters (450 nm required with optional 630 nm reference filter)
- Microplate washer or wash bottle
- 10, 50, 100, 200 and 1,000µl adjustable single channel micropipettes with disposable tips
- 50-300µl multi-channel micropipette with disposable tips
- Multichannel micropipette reagent reservoirs
- Distilled water
- Vortex mixer
- Miscellaneous laboratory plastic and/or glass, if possible sterile

5. Specimen collection, processing & storage

Cell culture supernatants, rat serum, plasma or other biological samples will be suitable for use in the assay. Remove serum from the clot or red cells, respectively, as soon as possible after clotting and separation.

Cell culture supernatants: Remove particulates and aggregates by spinning at approximately 1000 x g for 10 min.

Storage: If not analyzed shortly after collection, samples should be aliquoted (250-500µl) to avoid repeated freeze-thaw cycles and stored frozen at –70°C. Avoid multiple freeze-thaw cycles of frozen specimens.

Recommendation: Do not thaw by heating at 37°C or 56°C. Thaw at room temperature and make sure that sample is completely thawed and homogeneous before use. When possible avoid use of badly haemolysed or lipemic sera. If large amounts of particles are present these should be removed prior to use by centrifugation or filtration.

6. Safety & precautions for use

- Handling of reagents, serum or plasma specimens should be in accordance with local safety procedures, e.g.CDC/NIH Health manual : " Biosafety in Microbiological and Biomedical Laboratories" 1984.
- Laboratory gloves should be worn at all times.
- Avoid any skin contact with Stop Solution and Substrate Solution. In case of contact, wash thoroughly with water.
- Do not eat, drink, smoke or apply cosmetics where kit reagents are used.
- Do not pipette by mouth.
- When not in use, kit components should be stored refrigerated as indicated on vials or bottles labels.
- All reagents should be warmed to room temperature before use. Lyophilized standards should be discarded after use.
- Once the desired number of strips has been removed, immediately reseal the bag to protect the remaining strips from deterioration.
- Cover or cap all reagents when not in use.
- Do not mix or interchange reagents between different lots.
- Do not use reagents beyond the expiration date of the kit.
- Use a clean disposable plastic pipette tip for each reagent, standard, or specimen addition in order to avoid cross contamination, for the dispensing of Stop reagent and substrate solution, avoid pipettes with metal parts.
- Use a clean plastic container to prepare the washing solution.
- Thoroughly mix the reagents and samples before use by agitation or swirling.
- All residual washing liquid must be drained from the wells by efficient aspiration or by decantation followed by tapping the plate forcefully on absorbent paper. Never insert absorbent paper directly into the wells.
- The TMB solution is light sensitive. Avoid prolonged exposure to light. Also, avoid contact of the Substrate Solution solution with metal to prevent colour development. Warning Substrate solution (TMB) is toxic avoid direct contact with hands. Dispose off properly.
- If a dark blue colour develops within a few minutes after preparation, this indicates that the Substrate Solution solution has been contaminated and must be discarded. Read absorbance's within 1 hour after completion of the assay.
- When pipetting reagents, maintain a consistent order of addition from well-to-well. This will ensure equal incubation times for all wells.
- Follow incubation times described in the assay procedure.
- Dispense the substrate solution solution within 15 min of the washing of the microtitre plate.

7. Assay Preparation

Bring all reagents to room temperature before use

7.1. Assay Design

Determine the number of microwell strips required to test the desired number of samples plus appropriate number of wells needed for running zeros and standards. Each sample, standard and zero should be tested **in duplicate**. Remove sufficient Microwell Strips for testing from the aluminium pouch immediately prior to use. Return any wells not required for this assay with desiccant to the pouch. Seal tightly and return to 2-8°C storage.

Example plate layout (example shown for a 6 point standard curve)

	Standards		Sample Wells									
	1	2	3	4	5	6	7	8	9	10	11	12
A	2000	2000										
B	1000	1000										
C	500	500										
D	250	250										
E	125	125										
F	62.5	62.5										
G	Blank	Blank										
H												

All remaining empty wells can be used to test samples in duplicate

7.2. Preparation of Wash Buffer

If crystals have formed in the Wash Buffer Concentrate, warm it gently until they have completely dissolved.

Pour entire contents (50 ml) of the **Wash Buffer Concentrate** into a clean 1,000 ml graduated cylinder. Bring final volume to 1,000 ml with glass-distilled or deionized water. Mix gently to avoid foaming. The pH of the final solution should adjust to 7.4.

Transfer to a clean wash bottle and store at 2° to 25°C. Please note that the Wash Buffer is stable for 30 days.

7.3. Preparation of Assay Buffer

Mix the contents of the bottle well. Add contents of **Assay Buffer** Concentrate (5.0 ml) to 95 ml distilled or deionized water and mix gently to avoid foaming. Store at 2° to 8°C. Please note that the Assay Buffer is stable for 30 days.

7.4. Preparation of Standard

Standard vials must be reconstituted with the volume of distilled water shown on the vial immediately prior to use. This reconstitution gives a stock solution of 4000 pg/ml of rat IL-1β. **Mix the reconstituted standard gently by inversion only**. Serial dilutions of the standard are made directly in the assay plate to provide the concentration range from 2000 to 62.5 pg/ml. A fresh standard curve should be produced for each new assay.

- Add 100µl of Sample Diluent to all standard and blank wells.

- Immediately after reconstitution add 100µl of the reconstituted standard to wells A1 and A2, which provides the highest concentration standard at 2000 pg/ml. Mix the well contents by repeated aspirations and ejections taking care not to scratch the inner surface of the wells.

- Transfer 100µl from wells A1 and A2 to B1 and B2. Mix the well contents by repeated aspirations and ejections taking care not to scratch the inner surface of the wells.

- Continue this 1:1 dilution using 100µl from wells B1 and B2 through to wells F1 and F2 providing a serial diluted standard curve ranging from 2000 to 62.5 pg/ml.

- Discard 100µl from the final wells of the standard curve (F1 and F2).

Alternatively these dilutions can be performed in separate clean tubes and immediately transferred directly into the relevant wells.

7.5. Preparation of Biotin Conjugate

Make a 1:100 dilution with Assay Buffer in a clean plastic tube as needed according to the following table :

Number of Strips	Biotin-Conjugate (µl)	Assay Buffer 1X (ml)
1 - 6	30	2.97
1 - 12	60	5.94

7.6. Preparation of Streptavidin-HRP

Make a 1:200 dilution of the concentrated **Streptavidin-HRP** solution in **Assay Buffer** as needed according to the following table :

Number of Strips	Streptavidin-HRP (µl)	Assay Buffer 1X (ml)
1 - 6	30	5.97
1 - 12	60	11.94

8. Method

We strongly recommend that every vial is mixed thoroughly without foaming prior to use except the standard vial which must be mixed gently by inversion only.

Prepare all reagents as shown in section 7.

	Assay Step	Details
1.	Wash	Remove the pre-coated plate from the sealed pouch, removed any un-needed strips and wash the plate as follows : a) Dispense 0.3 ml of **1x washing solution** into each well b) Aspirate the contents of each well c) Repeat step a and b
2.	Addition	**Prepare Standard curve** as shown in section 7.4
3.	Addition	Add 100µl of Sample Diluent in duplicate to the blank wells
4.	Addition	Add 50µl of Sample Diluent to the sample wells
5.	Addition	Add 50µl of each sample in duplicate to the designated wells
6.	Addition	Add 50µl of diluted **biotinylated Conjugate** to all wells including blanks
7.	Incubation	Cover with a plastic plate cover and incubate at room temperature (18 to 25°C) for **2 hours** on a rotator set at 200rpm if available
8.	Wash	Remove the cover and wash the plate as follows : a) Aspirate the liquid from each well b) Dispense 0.3 ml of **1x washing solution** into each well c) Aspirate the contents of each well d) Repeat step b and c another two times
9.	Addition	Add 100µl of **Streptavidin-HRP** solution into all wells
10.	Incubation	Cover with a plastic plate cover and incubate at room temperature (18 to 25°C) for **1 hour** on a rotator set at 200rpm if available
11.	Wash	Repeat wash step 8.
12.	Addition	Add 100µl of ready-to-use **Substrate Solution** into all wells
13.	Incubation	Incubate for **10 minutes*** at room temperature. Avoid direct exposure to light by wrapping the plate in aluminium foil
14.	Addition	Add 100µl of **Stop Solution** into all wells

Read the absorbance value of each well (immediately after step 14.) on a spectrophotometer using 450 nm as the primary wavelength and optionally 630 nm as the reference wave length (610 nm to 650 nm is acceptable).

*Incubation time of the substrate solution is usually determined by the ELISA reader performance. Many ELISA readers only record absorbance up to 2.0 O.D. Therefore the colour development within individual microwells must be observed by the analyst, and the substrate reaction stopped before positive wells are no longer within recordable range.

9. Data Analysis

Calculate the average absorbance values for each set of duplicate standards and samples. Ideally duplicates should be within 20% of the mean.

Generate a linear standard curve by plotting the average absorbance of each standard on the vertical axis versus the corresponding rat IL-1β standard concentration on the horizontal axis.

The amount of rat IL-1β in each sample is determined by extrapolating OD values against rat IL-1β standard concentrations using the standard curve.

Example rat IL-1β Standard Curve

Standard	rat IL-1β Concentration (pg/ml)	OD (450nm) mean	CV (%)
1	2000	1.797	0.9
2	1000	1.112	0.7
3	500	0.660	7.4
4	250	0.391	6.6
5	125	0.246	5.1
6	62.5	0.164	6.4
Zero	0	0.077	-

Rat IL-1b Standard curve

$R^2 = 0.9872$
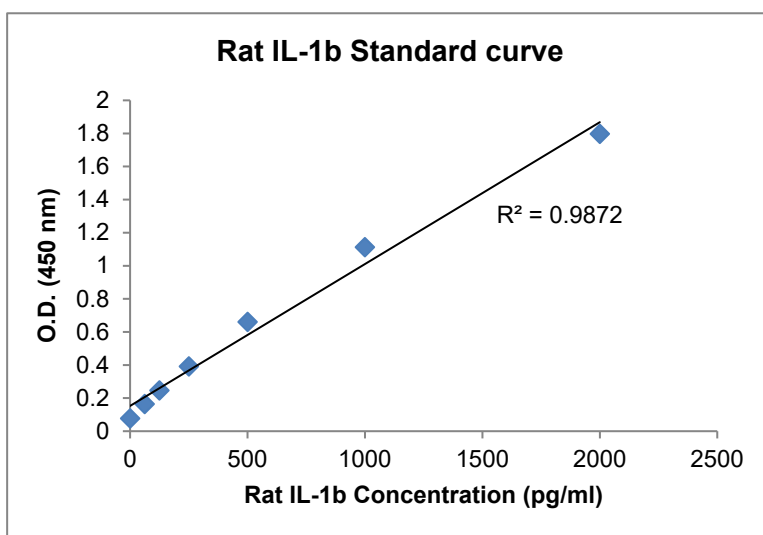
Note: curve shown above should not be used to determine results. Every laboratory must produce a standard curve for each set of microwell strips assayed.

For samples which have been diluted according to the protocol (1:2), the calculated concentration should be multiplied by the dilution factor.

10. Assay limitations

Do not extrapolate the standard curve beyond the maximum standard curve point. The dose-response is non-linear in this region and good accuracy is difficult to obtain. Concentrated samples above the maximum standard concentration must be diluted with Standard diluent or with your own sample buffer to produce an OD value within the range of the standard curve. Following analysis of such samples always multiply results by the appropriate dilution factor to produce actual final concentration.

The influence of various drugs on end results has not been investigated. Bacterial or fungal contamination and laboratory cross-contamination may also cause irregular results.

Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Completely empty wells before dispensing fresh Washing Buffer, fill with Washing Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.

Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.

As with most biological assays conditions may vary from assay to assay therefore **a fresh standard curve must be prepared and run for every assay.**

11. Performance Characteristics

11.1. Sensitivity

The limit of detection of rat IL-1β defined as the analyte concentration resulting in an absorption significantly higher than that of the dilution medium (mean plus two standard deviations) was determined to be **4 pg/ml** (mean of 6 independent assays).

11.2. Specificity

The interference of circulating factors of the immune systems was evaluated by spiking these proteins at physiologically relevant concentrations into a rat IL-1β positive serum. There was no detectable cross reactivity.

11.3. Precision

Intra-assay
Reproducibility within the assay was evaluated in 3 independent experiments. **The overall intra-assay coefficient of variation has been calculated to be < 10%.**

Inter-assay
Assay to assay reproducibility within one laboratory was evaluated in 3 independent experiments by three technicians. **The overall inter-assay coefficient of variation has been calculated to be < 10%.**

11.4. Dilution Parallelism

Rat serum spiked with different levels of rat IL-1β were assayed at four serial twofold dilutions with 4 replicates each. Experiments showed an overall mean recovery of **98 %.**

11.5. Spike Recovery

The spike recovery was evaluated by spiking four levels of rat IL-1β into pooled normal rat serum. Recoveries were determined in two independent experiments with 4 replicates each. Observed values showed an overall mean recovery of **88%.**

11.6. Stability

Storage Stability
Aliquots of spiked serum were stored at -20°C, 2-8°C, room temperature (RT) and at 37°C, and the rat IL-1β level determined after 24 h. There was no significant loss of rat IL-1β immunoreactivity during storage at -20°C, 4°C, room temperature and 37°C.

Freeze-thaw Stability
Aliquots of spiked serum were stored frozen at –20°C and thawed up to 5 times, and rat IL-1β levels determined. There was no significant loss of rat IL-1β by freezing and thawing up to 5 times.

11.7. Expected values

There are no detectable rat IL-1β levels found in healthy rats. Elevated rat IL-1β levels depend on the type of immunological disorder.

12. Bibliography

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13. Assay Summary

Total procedure length : 3h15min

Add Sample, diluted Standard and Biotin Conjugate
↓
Incubate 2 hours at room temperature
↓
Wash three times
↓
Add 100µl of Streptavidin-HRP
↓
Incubate 1 hour at room temperature
↓
Wash three times
↓
Add 100µl of ready-to-use Substrate Solution
Protect from light. Let the color develop for 15 min.
↓
Add 100µl of Stop Solution
↓
Read Absorbance at 450 nm